

#5

BOOK FIVE



Helping you
to focus better

crystalens® vision workbook
"your road to visual rejuvenation"



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see young ... be young

BUGS

E J Z M K H T Y K E R W N C F M W E K Q
C T K R O B G W Y P X E A G L T L C V P
W Y I R E H Y O W P Y T D C E Z I O N A
E B N M X K V D U P E A O I A T G U B S
P E O A R L O V K R Y D C L P Y I E S D
T M T P C L O U P K Z M J Z S S G P Y C
W T I R O Q G I X G Y O M N I Y R B A A
P X U C T F L R N T T E R M I T E E L H
Q L Q H L L T A O I A V C W N K O E I T
V S S Y A I T Z D A K N H B P G I T V O
E C O R B E W A S P C L T E P G K L E M
U D M B K T S U C O L H P E W C S E E L
D H E C E G J T J F R Q S N F H J S W O
L H I P L D K T Y E L L O W J A C K E T
U R Y D I K B C R E P P O H S S A R G A
C A O N J T J U T S V E F A F J L X U A
Q B M U E F N V G N S O A J E L B X F X
G N T D E H C E L M U G U B Y D A L H G
C W H X W Y L R C W A A B C D S B G N Z
F A M N O K P Y H K F J C X I K H R G E

Ant

Bedbug

Bee

Beetle

Bug

Caterpillar

Centipede

Cricket

Flea

Fly

Gnat

Grasshopper

Hornet

Lady Bug

Locust

Mite

Mosquito

Moth

Roach

Spider

Termite

Tick

Wasp

Weevil

Yellow Jacket



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#16

1950'S MOVIE STARS

R W I Q U S E C P D N P Z C Y R P S B G
E U T X J U E O G D W O K R Z J G K D A
Z O A Y B A R C E N M D S P F W G X Z R
C P R N A V N A O T W H L D A F Q A U Y
S O R N N D N E Z R K I Y H U L K W Y C
L M N P O M S G P F E H S N D H U U Q O
R C F Q A M A I P O N T K H R O K I R O
X F A R E P N R R L W D N L E T P C C P
C S T M O J H Y G O V E Z U Y M A E O E
I I D V Y U S I L R D B L Z H D X L L R
N A D A W X V C N I E T T L E B P E R H
P D Z X X Z H G T N R T K W P Y A V X G
K L A U R N B L E D Y A T L B X E T H I
Z D S R A V Q K T H L X M I U X X Q F E
N D B M S K K M A R L O N B R A N D O L
S D L O N Y E R E I B B E D N Z W S H T
Q E H I N Z A V A A V A G A R D N E R E
R U W M I J I F Z U Z R V A J W D W D N
Z H U G N L I B R X V J B W W R F Z T A
F E T J C E T J W H N D S N V F C T P J

Ann Margret

Audrey Hepburn

Ava Gardner

Dean Martin

Debbie Reynolds

Doris Day

Gary Cooper

Jane Powell

Janet Leigh

Marilyn Monroe

Marlon Brando

Rock Hudson

Tab Hunter



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#2

BUYING A CAR

C F E R R N Y E E Z D B H I Q Q F G H D
Z C D J I V A K M D P X N X U W T S M D
G D L I F H D Y T B L G I E S S X W E A
O G J V V Z V T A J A G S J P M B E L B
V E W D B O I Q F S N T N O S Q W O B I
T L R T Z S C D Y Y I E G T C K A P A N
N B X J M Q E G L O Q G S N D A E H I L
H A F M I U W M N M X D L R E G R Y L N
J D W M H V L S R W N E K I E S N Z E A
X R V W H D W E E G R L E P B B H N R O
R O U M F D K N G A N W S O R P M F Y L
F F D O E C K U E J Z O A R U L S U M X
R F J J I T E G D U B N G R Q E J B N M
A A E T C J P L C B G K C L T A B N W T
U R S T D S V M L T Z H E K H Z F S M I
S L F D M U U L M N A X O R M X H J A E
P Q U P Z T T Q R S G G M Q A A G A D H
H Z P N W F Q F E E B I D V L G F C Z S
I R Z X X J Q P S W T Q Z D C H Z Q P V
J Y O K A U L Y M K U H T T D E F A Q W

Advice

Reliable

Affordable

Sticker

Budget

Knowledge

Loan

Numbers

Purchase

Questions



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#14

ANIMAL NEEDS

G U N X M B K M N T V O Q Q Q P J Y L R
 P N Z X I F O O D H V V A Y X B W R L Z
 D V X F L D J N B B W A N R Z G C E I T
 M B C O O C W A L C R A T E H B R S E C
 W C N Y V X O A F X L O U F Y E E U J Z
 Q Y L O R S N L L W X V K N R V T N J K
 D H G Z Z K A R L K C T V A M K P E L W
 Y V B H E M U P Y A S E C A B V Q W E P
 Y N U T U A F I Y I R Y V M N D X O A S
 P S I U C L N M H K A E Y O L Z G K S F
 D F B A Z O U R S D I O T S R V G E H J
 W D Q I J U D G Y B M O C W L A C W W B
 T E V O L B B G G U Y Q K U G J O T V F
 R M P J R J G Z M S K B G M B P A P G P
 E P J U I O U T R A I N I N G A T D K D
 E D S I D O S K D Z M R U M Y L T I K U
 K H K P T R J E S N S T A E R T W H W R
 S D A Q A R Q R R F X U B Z B X O O R D
 N G Q E G V V E T E R I N A R I A N B E
 C N V K Z N O V J X I L G O A N H G S O

Bath	Food
Blanket	ID Tag
Bowl	Leash
Brush	Love
Coat	Toys
Collar	Training
Comb	Treats
Crate	Veterinarian
Doggy Day Care	Walks

OCEAN

U T K I E S Z F N K E K F Z N L S C G T
J C M X L I W P Z B G D N I I R E C E C
X E O L S U R F V I Z Y I F S M A X F E
F O E R O G S J Z W O R E T M H W E D O
U H T O A D C Y W B L G G A X U E T M E
S P I Q K L G L A O U P J M P G E C H T
H H H G J Z M C S A Y J O Q B Z D U V G
S Q J Z Z X N A R H L M N F B C Q P P E
I H T L B B V D L J S N K S V H Y L Y T
F T L I Z K O J I F T B R J E M C B D H
R Z L Y P H Z A K B O F T H U W U N T Q
A T R A S W T L T D K T N K M A A E E W
T L H H S R A T O W E L J D H S O O Q T
S R A U A D U V H D A D H V C E W C N A
M R V H E K N X E R Y N T C L I B W Z R
K K X X Y B H T E S V Y Q A Y W K J K X
I G L G U G G J E I I D H N D Z W B A L
D W H C R H I J Q H Q W R Y S Q A I D V
K G G K V R Q F U Z Y J Q Q P R Z B W T
Z A Z J B W Y S B R A R R W C L Z I R C

Boat

Coral

Crab

Fish

Lifeguard

Salt

Sand

Seaweed

Shark

Shells

Starfish

Surf

Tide

Towel

Waves

Whale



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#12

BAKING

M L F I Q Z Q G B S R W I O O G J P N P
K Y K D M I Z D P W M L V E M U R S V P
W E I S F L N A O O X E T X G U R I K C
O R F Y A Y T G G C N E I T Y V K A B P
E J A Q W U D K R U F I L B I L V Z T B
O P U E L Z I T W E F C C K M M O Y E S
B U T A G D D I D T D Q P P Q B N N B C
W F R S N O O P S G N I R U S A E M O B
T W N X N F C H T E Y N E R E O Z O O R
G C S F R P V O V C O X H N J Z K W M E
S K L T S F T P O R J L R R T I L G H X
L J D Y E J H G P L B S E X E S E U X I
T J O J P V V A W X I A M S Y W N T A M
T M C V I X W M Z I J N H J F K I B H Z
L F X T C E L L B E F E G P H M A O H C
O R B F E I R O Q Q E U K R E D E A U G
O I T X R F W O G T L R U R A K O H M G
C J S K I P O T H O L D E R S C E C E K
I L U T E N S I L S W W A O R V K S K U
J G A M F F Z N J A Y W C V F W B Q J B

Apron

Bowls

Cookie Sheet

Cooling Rack

Ingredients

Measuring Spoons

Mitt

Mixer

Oven

Potholders

Recipes

Spatula

Timer

Utensils



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#6

FOOTBALL GAME

Y R V S Z E L S S V G T H O X S R Z A I
Y T N B B G W V L V W D J O R E J R U S
C L S N S I V B P R G K N E U P N Z K N
Q K L Y X P V E H Z F G H Z Y O J E M R
Y P E R P A L D J V D C V V J B Q C F H
S W L V X G H A U E A M B X D B W P R G
U E N C W C S N Y E S S P Y X L L S R I
D U N G Z O V R L E B W T Y Q E E T X K
M E V O N O K B E Q R A M O R B G I S N
F T M V L S G N Y D T S O P L A O G F H
L P C O A C H E S K A F H N A P P K J B
W K L W L A O R B U R E E O B G H N Q J
F W K O D Q G P N F Z D L I K A A J K E
T B G K T Y E T R R S W S R C Q T M Q D
T A P A T R I O T S D F S U E E B Z A U
D E K H L Y X K P E O H A L G E H W K I
K I C K O F F Z G V E L R B M B H C I Y
N E H M E O Q O H K R F G A P P Z C E D
P Y U O F H R J G F O S K F J T J C W G
T E A M S P I R I T J C I H T J W Y B E

Bleachers

Cheerleaders

Coaches

Field

Goal Post

Grass

Kick Off

Patriots

Players

Team Spirit



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#10

SUMMER OLYMPIC SITES

S R M A D R E T S M A E R O K H T U O S X S S
 U S G Q U M H O N L Y K W Z N F H L G T
 A T H G P B T O C K G C C I G J Y O R O
 I O V J G L W H U F T D X S H E C
 Y Q P J E W I O A E M Y N T T E K
 I K A P C J S C U D R U A V C H
 K G B R R N A V S G L Z Z L R E O
 R A A E I E T T T O Y H A O G L L
 M B T W H S A L R N M K C U S N M
 S L V T M S T P A R F J N I Y E E
 T M A N U E K M L N U Z N S N B X
 T W D A S L M R I T F H K D U N I
 W O V K I E E O A Q A I Q S H M C
 R L K N Y L G Y Y R R G E L N I F C I O
 I A U Y B H N F S B N O D N O L E A A C
 A E B O O D A U R C R E F C A C N H I
 Y R E U E Y S F W T D E Q F I N A U T
 B T R X J S O C J C E S N D S A D G Y
 N N L Q A T L A B W M S O Y S R A X L
 E O I Q P E D J S X E T P V U F A M A
 U M N I A P S T W H G N Y E R W P C T
 Y Y S D N A L R E H T E N E H T Q H Y B S T I

Amsterdam

Antwerp

Athens

Atlanta

Australia

Barcelona

Berlin

Canada

England

Finland

France

Germany

Greece

Helsinki

Italy

Japan

London

Los Angeles

Melbourne

Mexico City

Montreal

Moscow

Munich

Paris

Rome

Russia

Seoul

South Korea

Spain

St. Louis

Stockholm

Sweden

The Netherlands

Tokyo

United States



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#8

ABRAHAM LINCOLN

U P G
A H Z P H N U
G B E S L A V E S J W
M E M O R I A L L V X A F
I E T N E D I S E R P O D C A
Q L T B Z T N N J F M A E M I
U C B Y A R Y D A B F E I O H P X
D D A S E B E A K M A K W E T O B
R U E O B F R E E D O M G J T O M K H
P R R I U R N J D G I I O L G V O P S
T J T R R G A O I E J L C C X J V P Y
L A K G R L H B D C Y O E Q X O D
B E V P A A A A L I E V H B O O E
H Y T L O M S M E E N O R T H
T I R T O Z I S S O U T H X K
G G K V L C K V T N Z Q X
M Z S X M L D D M S L
G E S L E L C
Y L H

Able
Abraham
Basic
Command
Debate
Decent
Douglas
Family
Freedom

Gettysburg
Holiday
Married
Memorial
Noble
North
President
Slaves
Slender

South
Theatre
Troops

#1

AMUSEMENT PARKS

X C C F O G U D U R O M I M L M L A N I
M P L P S D Y D V Y D D O G Y V Q U C H
A W G Q R V G G P V A S E V N T I Q K B
E X A M T C J Z C Q O P W J K G G L U I
R X V T R E P A R C S Y K S R G F T V P
C Q Z F E W F B K R S J O K O F J K O M
E D W V G R X S K E S U Q C L R Q I V X
C I N A P Y P J Q J A L C H L T M I Z U
I X U Z L K F A X E D I U I E E U X N T
J Q V I X O A B R F V Z N L R Y E D N H
N K M A X B D H W K E P W D C A O O F Z
Z A B M N C B Z C Y N P H R O L I R H K
F D P X D A G S X J T I S E A S G T L C
W X C K U N O U F F U E U N S J R T I P
R J J O S F Z D U Q R Q B E T Q E R R Y
W D Q D H W D X W H E D C T E C H A V K
Q P F F G Q B Z N J A N Q J R W W V P K
O B O T E T K R Q N O I T A C A V E F J
M S E D C K Q B O C J Z X J F U X L J L
H W L W N F K O X E X S Y C T L M N W B

Adventure

Children

Concession

Family

Ice Cream

Roller Coaster

Skyscraper

Travel

Vacation

Water Park



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#15

SEAN CONNERY

Y O F I Q S S E N I S U B Y L I M A F E
A C O A B E N R E S U A C T S U J A I N
C S V B Y F Y O E H I T T I C H J U I Z
A F B Z V C I H D U W W H U F D O C W J
X V K A G V M R S R Y T K E C P V L A S
U M T G D K U E S U A U S D R I T M F I
P I Q N O F L W D T V G Q A V O E Z R Y
X W O O E B V O T I K W O E I S C L T P
Y A T A T M T R D S C N U N B I U K B M
B A N R T K P O V G M I I O H H H Y P Y
Y H K K K G O A V B M L N G Z E Z I E S
S Z N C V H C B R N K D U E H M A V P R
I D L V N A T C Z T Y F K I M T S R I E
M F Q I K D R I S I N G S U N A R S T G
O A B I M S W U D T Z E T C M Z N Y O N
B O W S E L B A H C U O T N U O H F E E
R O V K X K Z Y N R B H P X E F A Q B V
X S K R E T S E R R O F G N I D N I F A
U R T U X D S S E A W M Z U F B N W D N
D N B V Z S R E D N A L H G I H V P P K

Avengers

Dragonheart

Entrapment

Family Business

Finding Forrester

First Knight

Highlander

James Bond

Just Cause

Medicine Man

Rising Sun

Robin Hood

The Rock

Untouchables



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#3

COLORS

D V D P B Z T D P W Q S B K M Y G G E G
M F J H Y B K I V Y H A H L W A N O K C
L Z K J J H N Y B L U E G O A U Q A D Z
H V N R R L Y P O B Z I R X U L Q E N S
U J R E S G D E B Q U V A L V N R P J D
R I A P R X T A O E D L Y L J M U H F D
Z Q K Y H I O E D P K R W C F F Y G K R
P S M R H N Q R W F F T W B E I G E B W
M W L W D R D I N E E R G Y J N S L X J
Z G Z P G F L O W H E G N A R O I O E G
J C N B T W W U D L W Q J P K J X W X A
Q U C G A O F D Y H R C A I V B T P K O
A E R O F L Y N A U P E V N E D W R S B
O X C L C L K E L P R U P K D J D Q Z U
Z F I A K E G D G N S M B L N Z F Z C P
L J W F C Y C T C X K R O F X D L W X K
Z Q V F F Q A E N E O G J V Z N G U H S
N H E L J P Y H O W V W S V B C W K T S
L N E J A V U P N P B L A C K U G P R Q
K E J H I Q X O H V L I R E V L I S B Z

Aqua

Beige

Black

Blue

Brown

Gold

Gray

Green

Orange

Pink

Purple

Red

Silver

White

Yellow

DUNKIN DONUTS (DONUTS)

L B R F Y R A D G C Z K O X Y G X J F N
M G L J R C E M I H K G S L I M J D O T
R A X U N E X L T B I F R X I H W M D O
E P P P E D K I L D F U M P Y Q E E V A
T H B L G B H A A U L Z N A J L T B A S
T Y O C E N E U C I R X Q E D S Q U N T
I E S V Z F R R H D P C L G O N P T I E
R K T S G F R D R U E L N R W V V T L D
F A O W C Z V O Z Y Y Z F I A N X E L C
E C N U Q O W U S F C E A F A Z F R A O
L D K N H E B V I T T A W L Y L V N K C
P E R C F F U L N A E D K Y G U P U R O
P R E D C R L C L Q Y D O E F V W T E N
A E M C B E U O C O F F E E R O L L M U
C D E O D R C C I N N A M O N B U N E T
J W S V T O E M E R K N A I R A V A B O
H O O H H M U L B S J A K N F P R U Q H
V P J C G I X Z A L M M F H A O P X W K
T P X C X T W F Z B U P M D D T U H X K
M D G S G T H A F V F O X N T M X U P F

Apple Fritter

Bavarian Kreme

Blueberry Cake

Boston Kreme

Butternut

Chocolate Frosted

Cinnamon Bun

Coffee Roll

Glazed Cake

Jelly Filled

Lemon

Maple Frosted

Plain Cruller

Powdered Cake

Toasted Coconut

Vanilla Kreme

#5

MLB TEAMS

E X L T Q S S Z U Y B E C B U A X H F Q
L J Q O Y Y T M A R I N E R S P J U Z F
H C R R D Z S Q A X Z J H I Y E M W O D
T B C B E B T R H A Z F F E K L S A X S
L Y X S N D K T E U N T H W R Z M A E V
B I S Z T P S O J W S N I W T E Y R E O
U B U I O L K O N D E T N N T R S R S T
S L E G N A S W X S E R R S P M E E M R
A B L U E J A Y S A E V B S B R L Z U A
Z Y D Y D U O V S S J V I Y K I O C G O
X G O X V O D D C T R U A L J U I X R I
I P J V Y X D P I R G I Y R R P R Y E E
G G F L I O V G T O N L U P B A O S V H
B P S O W S V M E S M M K N L B Y U G C
T H Z C B I W A L R I J U G S B P S R D
J L D U H G O T H L S J K A T V H U E H
N H C B F P W H T S R E G N A R L W K X
R A G K N I O I A E W Z H W T W J Q E O
H H H C X A M X J T X X B T L A E G O W
X C A R D I N A L S X B W S N J T F Q A

Angels

Astros

Athletics

Blue Jays

Braves

Brewers

Cardinals

Cubs

Devil Rays

Dodgers

Mariners

Mets

Orioles

Rangers

Red Sox

Twins



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#11

JEWELS

L F Q Z T W S F M Y B H D R K L F H Q H
T Z J O E D G C O C Q A F A E X F V H U
T U M Q I N I J Y C T K A X Q H D A I C
K S L S Z T D A A W N O A K E U Z X X M
U I L Z P Z Q I M H T O D V F F A D O L
M Z B M A C E Z A O W Z Y I L U P P O G
Y X Y U D E C I J W N V J R R I O X M R
H P G W N S B M X P G D N Q Y E T N U G
F Q Y G A Q U A M A R I N E W K P B W V
B U P L H S G L E O P A L C K K Y P M Z
M K Y N S U Z R D L A R E M E W B Q K V
Z C O S F G I L Q F O W A L O S H T C W
H G L U W H A M E T H Y S T C I P C A A
P D U Y P U N Z G L W B D H O W X H P I
O H H P V M B A U H F Q N R B D B H N I
V D A A W E R G W P U F V F E M J Y F N
K S H W B N R S B Z I Z X D R V S T L U
V Z R Y E G H Z D X X E V U E K Z I Z Y
Z S S T T Q K P F Y G H L B R Q V H X U
U B G V H Q Z L A Q E N M J K W U O T R

Amethyst
Aquamarine
Diamond
Emerald
Garnet
Opal
Peridot
Ruby

Sapphire
Topaz

#7

#9



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