

#2

BOOK TWO



Helping you  
to focus better

crystalens® vision workbook  
*"your road to visual rejuvenation"*

  
crystalens®  
see young ... be young

# GARDENING

J N D F F A M R O E F M U F Q Y D J Q O  
D O W T B E J S R I V H Q M M G G Q Y A  
P I S X V U M F S O I M F V A E U K K N  
J W O Z A G I M J L Q F F F G U W P B E  
K G Y Y B C V M L X V O P U J P C R P G  
N T E D S Y U U M S P L C G R B S M H Q  
D S F T E P I L E R X H U B R Z E K B N  
X K K E G E J W T O N S R E T A W H F T  
C K L B R I S K X I O R J H H O N J S Z  
K C Q B H T S U W I V D Z U O O N F Q N  
C G Y S C P I L M X Y A I H S E U N I R  
C Q P X L W Y L F R X Z T A U N L O U O  
I X O L U O U B I I H A E E N E N S C K  
Y I M Z M Y S K U Z A S R B U A G T Y U  
U R N L N G E B I J E R A R T L M A L C  
V Z H S I O O K T X I V N D U N M K M S  
P H O T X J W H K O T E W A V Y A E A H  
X W D E E W P U Y I C B Y N H I H L W P  
S I Y G O K C I M P Q D N C R F M J P R  
Y Q Q D P G C O M L M T Z C U T U D U R

Cultivate

Fertilize

Hill

Hoe

Mulch

Plant

Season

Seed

Sow

Stake

Water

Weed

## 1950'S SINGERS

C P V O Y X E P O T D Z Y E T A Z H U M  
R S I H T A M Y N N H O J L N S M B H H  
G E O S Y M U E G C C T R S B I D F U W  
B E E G L D H O G I X E J I X M P N D I  
K X N S L Y E M P P W D D R S F W G B E  
Y E N O O L C Y R A M E S O R D N O D R  
R N O W H C W K K F D K F A K O A D P I  
N C G Q Y B X T O W O U N A R F I Y H K  
I X Y T D K E N T D C K Y T D E C C O C  
T X D T D G I L D D I E S Z F T O X Q H  
R T W O U X D Z V E R M O I O X R Z B U  
A W P N B S O H A I R T S Q U T X K J C  
M B D Y W R V V L A S H D R Z F G W A K  
N H K B S X A Y S Q E P T L N Z C M P B  
A R K E W L J I C R O C R W D E W Z L E  
E X M N O U U S N E L A V E I H C T I R  
D Y O N C O Y Y W E E H Q Q S B I E O R  
M H A E L F N A T K I N G C O L E U Q Y  
N G I T K A Y S T A R R M P C N E G U Q  
P K P T X W E G U D P H F D S P U Y W R

Buddy Holly

Chuck Berry

Dean Martin

Doris Day

Eddie Fisher

Elvis Presley

Frankie Avalon

Johnny Mathis

Kay Starr

Louis Armstrong

Nat King Cole

Ritchie Valens

Rosemary Clooney

Tony Bennett

# ZOO ANIMALS

D J X N M K N L N C W N G P E W M U T A  
C F P B G V P I J T A P R P L O G U L S  
X D V M V N U I X F Z G J K N Z Q V I K  
D N D K O G J W U J T N N K E O K A M A  
Y U X D N O G Z R R N T E B E F M D N A  
D D G E U P N Z V L O Y R J J T M N G J  
B Z P H G Z T A D D H A W A C W V A G Z  
S U E K M J Z D L R O I D G M J M P T H  
E I Z M I E S F O P E Z D H A X K S H E  
V T P R A I R I E D O G T E F F A R I G  
F K I P O D P V A G D X Z N E O H U I J  
S C H I R E G I T W L P C N A C Y L X D  
X V L Q W A B G Z C L B C O I H R I G V  
V O U K T N M C L G F Y Y R Z S P F U K  
V G L R D U M A W I Q O T X E W L E Z U  
W R D X L G W N L Z O S X A W N J Y L I  
R U O N Z H B N R L O N L U L D I J T E  
C Y E U Q Z T M G Z B E W M W D F U G K  
Q T K T U A G H J L D D Q T R Y G X A H  
U E M J F Z L R A E B R A L O P O H A K

Elephant

Fox

Giraffe

Lion

Llama

Monkey

Ostrich

Panda

Penguin

Polar Bear

Prairie Dog

Seal

Tiger

Zebra

# COOKIES

G Y D V I D G C L O M X U G N D V E K G  
B N I H X M M E K Y B G O R O E E K W D  
C P G E Y V J L L I I S S U L P A X P N  
I U T Z R J O P O E I E B Q K D I H R A  
F X F Q P C P M D Q J L L O Z H G B U Z  
G B E C Z M W I A E E G F F J W O M X T  
S B N H R A W E H C F I K G D A W M N M  
N Z D R H C B W H C S F I K T B O F V M  
L Y T I P A K O Q O E P F M S Y L U W H  
S G O S N R C R X J P T E X J R H U U B  
W Q L T H O O K I R D A A V F T N O F I  
J I X M L O C Y G X L W X L R K D I K S  
K D J A P N O C F G S Y B E O N O Z Z C  
B P T S W N N T I S L U E Y Q C F J B O  
B E A I R C U V Z V M D G I I Z O D D T  
E K X G W G T R X I O N O A F E A H J T  
G Q R P E A N U T B U T T E R K J R C I  
B V T S H R R T S Y B Z R O O S A F J I  
A S F T I K F F C X F N E X P I E I T P  
A N C Q S M T H R S L D P L W C S R H A

Biscotti

Chocolate Chip

Christmas

Coconut

Double Chocolate

Fig

Macaroon

Oatmeal

Peanut Butter

Sugar

## PIZZA TOPPINGS

C B I M E D S L P Y Z Z S C L T B J O Y  
G H N F N A P G K G M Q Q Z V A C P N R  
F U E S X I T J I C A Y S L C T E U I Y  
S J H E A S B G T L H I E O V L V K O Z  
D E F C S H E G T N N V N S L N X D N A  
U K I L I E C G I O J C H M R H O O P W  
S V U V E N T H R H E U M O F T V Z P A  
E W P N O U C E I S G P R O F W T M V H  
O V T K M H P K A C L K S R E P P E P B  
T M U U E P C U F C K G A H V M Z J Y K  
A Z V O E L S N K K Q E Q S M S B G G D  
M K A P E A P F A V F U N U M E J J O O  
O O N A G W X P C R Q E J M Y V C Q U M  
T T L E J P H F A K K J E H P I Q Z C Z  
H L A U V C I H B E L F U B U L P R C B  
T S K A K F E Y N Y N J K R M O M U A J  
Y H M J X D W Z K Y K I I V D X G J A Y  
F S V H G V Z W A H H V P W C S D M O D  
S I O E Y Z T X Q F E B C O B I Y E T K  
V P Z C M E I R Y D W J I I Y L X R V J

Anchovies

Bacon

Beef

Cheese

Chicken

Ham

Mushrooms

Olives

Onion

Pepperoni

Peppers

Pineapple

Sausage

Tomatoes

## GAME SHOWS

U J E L Z W N L M A T C H G A M E A G G  
K C S X G I H D E F L R H D B L X N O S  
A R A E O J V L G E C I D O K B B K N P  
M P R Y M T B U U N G K U U R F U Y G Q  
J V H K D B V Y B H E O E B H H P N S I  
U C P J A R R S R Y W H F L H F L O H A  
S G H R P P O O D Y Z F Y E D P X I O F  
X K C C D K L W Y G U B L D H A Y T W X  
Y S T Z U L Z D S B F O I A P J C A P E  
O D A C E S P T A S W C M R H R I R D X  
J Q C R R N K V L T A X A E F S R T K R  
B K S U R T B R N V I P F C L L V N M R  
G L J P Y O L G A B D N L W H A Z E I X  
W P N K V R R H A H D S G F C Q F C C P  
K W C V D M C G W E S U V G J X S N Z P  
L M M K F W B A O F S D X Y A N U O D G  
E M A G D E W Y L W E N R O S M S C W D  
R T D V J A T U I K G I V A N W E J R F  
G A D O S B B J I P Z O X N C N S F S K  
V W T A V H P J E O P A R D Y Q W X W Y

Card Sharks

Catch Phrase

Concentration

Dating Game

Double Dare

Family Feud

Gong Show

High Rollers

Jeopardy

Match Game

Newlywed Game

Password

Scrabble

# NHL (WESTERN CONFERENCE)

REUQCANGYRQJNKLUEPEO  
WIADKUKNTFAZJJWIGZFC  
KZWKUBVYGRHLCZLVYGUH  
SIFBMLUBLUESLEAXCULI  
WKJWBJDVSPPMRBVIZJHE  
XSWHLMIEGQASHNAKRPKF  
MHBAIMTTWOOSKILKRXST  
BAVLHOMHEVMBYCAJWYOL  
LRRGYKPHLRPEPCNYBZKX  
UKKOYWCDVBRKZACFJIRS  
ESCNEZLAZVEPMNHSQXOF  
JMWLPLOTLRDWGUEGTFUC  
APRBWHRHGBAUFCFKNAMK  
CWJFHIBMUUTQTKB LNK RQ  
KBGSR SZMZPOYASNIANNS  
ERRPWFGTZKRSKCUDWMIG  
TKPTIJGNAKSCCWHDYIEM  
SXJEDWQLIGPKDCNQXOGS  
CREDWINGSKOBQBTUGTHF  
IHTYEQBZMDHBN OIMPJJG

Avalanche	Kings
Blackhawks	Oilers
Blue Jackets	Predators
Blues	Red Wings
Canucks	Sharks
Coyotes	Stars
Ducks	Wild
Flames	



# DOGS

O Z T O F L H D N U O H Y E R G I T Z J  
P E L W Y L B H H I D H V R B D O T F Q  
E Z Z G D O K Y P X V H D O L X V A X C  
M Z B Y H H D B P P P J O D B M C R S H  
F R E T R I E V E R N L B A R W X X J T  
O O X E Z M E N A D T A E R G Z O K S B  
X P F L I G O Y D M Y P R B P Z D Q H I  
Y K S U H L G A N J A K M A H K M R E Z  
Y S G O C M L B I N A J A L J C G S P J  
U F M L W K E O Z T R R N G P N L O H Y  
T D W I S A U N C E S W H P W V W Y E Z  
R N J H G N B X B J R E E N N A L H R G  
M A N L W D D M H V R T E R R I E R D N  
Z S E R N X W S F Y F E W L A E K O M K  
T B G J D A J Z P M S K X T D Q R T X K  
Z L U V T J L K P B M E A O Y O N B O C  
J W S K C X A L B U J C U U B A O Q E R  
B B X P M E D N T U U V V W G M S P J Y  
I H P P D A A L I L K H T Z O D T W W L  
F B Q I C S T P Y B B B B J C T N K K U

Beagle

Boxer

Collie

Doberman

Great Dane

Greyhound

Husky

Labrador

Poodle

Retriever

Shepherd

Terrier

# CRUISE DESTINATIONS

E P O R U E D F B V F S G F U Y I B I F  
L G S N G H B E R M U D A X W H M P C L  
A K I A U I L V G A Q L H X B C I E B Z  
K G P O K C I Y I U B N N W O D C S J T  
F O P A T I I P F Q D G V F A W H J X L  
L N Y D J I Q H U W O S X S E F W Z Q Z  
L B N A U O E A R N C G E C O Q X E E L  
S G C N J U Q T F Q I Z V V S I E J G O  
I I O A A H L U Z U X F D H A J D D G D  
C W D C C A R I B B E A N I M T N K O Q  
U J N A Z U X Q G U M U L A A L Q H T K  
O D A Z X J N H Z X A A L P H E X Q C N  
X F L H D P B O E F R A N S A Z X N P F  
V E G Z T U Z R X T S K K I B J K U X H  
X D N G M O W E S K O I I R T H T G M G  
D V E H F C Z U A J E A I Y W Q Y F X S  
L B W F Q M A L O U W C J S G N L H H H  
Q J E Q I G L G G A H Q Z M J U F Z R Y  
M U N U V Y X Q H L S H P T L S K O E K  
P B F F V B O W T L W I V O Q D C O I U

Alaska

Australia

Bahamas

Bermuda

Canada

Caribbean

Europe

Hawaii

Mexico

New England

# SPIDERMAN

A X J Q A C Y L O F O F N C M Y W F C F  
B H T R G F B B V I D O P G Y X H G S U  
Z K A Z E N Q L D W S J R K S F Q J S S  
H H N E V A R K A E L E T S T A S M T L  
U U W D B Q S J M C E Q A A E A C Y Z S  
A V C I U C M A Q N K N V R R T R K D E  
C S K B N F J O G P D C I S I T T D T Z  
H X L S N H O O T M E L A V O Q A F N E  
W S C B A H B L A P N H M T M P X A E K  
M W T N U L L N Q J A N P A F V M G T I  
U A O N I L R B B J J D V P S R Q U J E  
L J B N J Z A R P R Y H R V E G T T J L  
J J G V I A M B N N R O U D H P F E O V  
O W E R Y F S R A D A H I O R T C E L E  
M C R G N E J B L T M P L F U E D P G L  
A O S V S B T J U P S A G Y H V I L A Z  
P P R S U P O T C O R O T C O D X F S Z  
G B V L M W R L D D O R R Z E J B J Q P  
F R N O U N B P W M P D F J J H D A V W  
U S O G C N D F W L R G K S N F P R R C

Black Cat

Doctor Octopus

Electro

Ezekiel

Green Goblin

J Jonah Jameson

Kraven

Mary Jane

Morlun

Mysterio

Sandman

Spiderman

# ICE CREAM FLAVORS

J B C Q M W Z X K L G U T Q J Y F G A Z  
A E U B L Y Z P B D R M O G R U J V T P  
O D B G I S H Y I I J F I R Q C N C U E  
O O X W R R Z G Q H A I E B P Q C W N A  
A X R F X G R B U E C B I T G S S X L N  
I H U X P N L O H O P E S D R C H V A U  
C M C V E M Q T C S D A T A Q G S Q W T  
O O S O I B T S A K T E I A R N P P E B  
R L F E M G M R H W Y N I D L D E Q L U  
Y G T F R V K Y X Y B R T K D O D C P T  
G H C W E C W P R O U W O V O H C H A T  
W S L J A E O A W V I G C A F O H O M E  
W R Y L V G K C G Y A L J C D L C C H R  
U I B T T D H R U A L L I N A V A O D C  
M H F T T I S T R A W B E R R Y E L K R  
G M Z L P X E X J R G O O S X N P A G L  
E D W F M W V T K A M F F N R Z F T U S  
Q U F Z B X D R L G V U E O V W T E L J  
G U B Z Y O I H C A T S I P D K Q J A Q  
N I P T R J H H J D I F D F F K K A H J

Black Raspberry  
Chocolate  
Chocolate Chip  
Coffee  
Cookie Dough  
Maple Walnut  
Mocha  
Peach

Peanut Butter  
Pistachio  
Rainbow Chip  
Rocky Road  
Strawberry  
Vanilla

# RACING

A F U E L G G Y X K K N W U M O C T G W  
W H R J S W I W Z A Y D A K U E K T E Q  
D S P B A L A N C E M D E E I J U B X X  
B F B A C K M A R K E R R S N T Q P S R  
Y C L R Y L Y S S N N Y O Z D I S L G E  
K S J N F T U Z X Z L M P Z F C G Z G N  
Q A N W P W V J C Y H J U G X N P N Y A  
T N P V K T F E U H E P S Z Q R V V E L  
J Z H S X O B A D D G B H H J M C Q U Y  
H F M A P P I T R V C A M S H A F T L R  
O M L F M O L E N N U T D N I W E L S O  
U E W T E P I W N A T B K A E C A C P T  
P P Y G G S X L O E S G V V N W J H E C  
I Z E A L I T T E V U W L E E P F A E I  
M N V R X X Y T B R X A L R U C R S D V  
X W O D E N Y Q C O R U I C A P E S W N  
A Q C W A P N E U T B F X T B E Q I A U  
F K K C M E Y J U R P J I I V M N S Y F  
W W L J V B U E U Z Y M Y N S U U D G L  
M L G B A Q N T X A F G H J R Q R I V D

Aero Push	Fuel
Back Marker	Neutral
Balance	Speedway
Camshaft	Spoiler
Chassis	Turbulence
Drag	Victory Lane
Engine	Wind Tunnel
Firewall	

# WENDY'S

D T W F H G F H F L D N F K D I C V M M  
S A L A D R E Z R O U D T O Z D Z H K D  
R Q U T U M F B E G F E J S P K J F S C  
Q L V P L K Q C N W L Y X K E A L V R M  
O M Z J F P C E C W Y H V Z R L D V K S  
O Q O W V J K E H L Z Q E M E O K V N P  
Z F S E P O K U F C H P R K G T A C D J  
S E V Q F O H P R Y I O L F R A O C I E  
G Z L J T X S U I Q W N M F U T G H B P  
O Q Z X P T I H E R Q X G H B O G I X K  
W Q B E E V O C S Q D T F Z E P U L T W  
Q A J G Y K N T R O O B F O S M G I K W  
I E G R A T Y E M J A P N E E J Y Q N P  
R U I J B N S K E T I R P S E O H U F M  
N C C D A S E O M J L K U L H E Y A N H  
F Z S U K D E N R F W B J Q C L L K J I  
H R S N N I T F A F T X V N R D B K Y F  
Q F E W Y P M S G D N J I D J S I O E D  
C D X P D J E S I A N N O Y A M I F Z L  
P C I S S A L C N O C A B G I B P U L W

Big Bacon Classic

Chili

French Fries

Frosty

Jr Cheeseburger

Ketchup

Mayonnaise

Nuggets

Pickles

Potato

Salad

Sprite